

## 1. Start - Basic information

### 1.1. Project information

#### Project title

Studying in Youth Leader Education course at the International Academy of Physical Education in Ollerup

Project number NPAD-2013/10352

### 1.2. Access to the report

Editor access

Read only access

## 2. Institutions

### Coordinating institution

#### Name coordinating institution

Eesti Vabaharidusliidu büroo (EE-ENAEA)

Name: Jääger, Tiina  
E-mail: tiina.jaager@vabaharidus.ee  
Address: Tulika 19  
10613 Tallinn  
Estonia  
Phone number: +372 6488101

Name: Jääger, Tiina  
E-mail: tiina.jaager@vabaharidus.ee  
Phone number: +372 6488101  
Fax number:

### Partner institutions

Institution:	DK-Academy of Physical Education (DK)
Unit:	
Contact person:	Fiorin-Flugsang, Cristiane
E-mail:	cf@ollerup.dk
Phone number:	+45 62241230

## 3. General information - General information

### 3.1. Type of project

Type of project: Exchange of adult learners

Project period: 08/2013 - 06/2014

## 4. Content report

### 4.1. Objectives & activities

#### 4.1.1. Objectives

5. Completely

#### Mob Objectives

The project aim was:

Student Verner Mägi studying 10 month (11.08.2013-22.06.2014) at the Academy of Physical Education in Ollerup, Denmark. The aim is to learn power tumbling as special line. He plans in further perspective to become a leader and trainer in the local dance organisation called TRIINIKE. The studies also give great opportunity to learn Danish language, history and society; democratic political discussions. The learner can improve his knowledge and skills in youth leadership, specially coaching and organisational work with the focus in teaching of special target groups like children, youth, disabled persons, etc. The studies support Verner Mägi endeavor to become a leader and trainer in the local organisation as he likes to work with children and youngsters. His plans include also international project work in the future.

Verner Mägi completed the objectives. He learnt:

- \* power tumbling as special line
- \* NGO world (how to create and best practice) and project management as leaership spezialisation
- \* sport subjects: team ball and outdoor activities
- \* leaderdhip include pracitcal leadership and teaching week
- \* lifeguard as special subject
- \* additional he participated as volunteer in competitions, had a study visits etc.
- \* also he learnt Danish language, history and culture.

He is writing in his report:

- \* that he gained the skills and selfconfidence for working as coach and youthleader both in national and international level
- \* he speaks Danish in A2 level.
- \* he knows Danish history and culture
- \* he has skills how to create NGO, write projects, he knows about project management
- \* the living and studying in the international group gave wider worldview

#### **4.1.2. Activities**

5. Completely

Verner Mägi completed the full curriculum during the study year 2013/2014 at the Academy of Physical Education in Ollerup, Denmark. All support were given by tutors/mentors/teachers in the Academy.

The curriculum (41 weeks) included:

- \* intercultural studies
- \* NGO world and project management
- \* learning, development, perspectives and leadeship
- \* practical and theoretical leadership
- \* Danish language classes
- \* creative workshops
- \* dance, parkuor and gymnastics
- \* cultural study visits
- \* practical internship

#### **4.2. Time schedule & cooperation**

##### **4.2.1. Time schedule**

5. Completely

##### **4.2.2. Cooperation within the partnership**

#### **4.3. Outcomes & impact**

##### **4.3.1. Outcomes - the Nordic/Baltic added value**

5. Completely

Student Verner Mägi completed the full curriculum at the Academy of Physical Education in Ollerup, Denmark. He has knowledge and skills to become a coach and/or youthleader. Due to practice in schools and organisations he gained the skills and selfconfidence as an added value what gives him the courage to become a coach in other country in the future.

1. No benefits at all

#### 1. No benefits at all

Cooperation between ENAEA as coordinator and Academy of Physical Education was very technical. ENAEA applied the scholarship for student Verner Mägi and Academy supported this with needed documents. The communication was fast, friendly and professional - without any problem.

#### 5. Significant benefits

#### 5. Significant benefits

Student Verne Mägi gain knowledge and skills which supports him to become a trainer and coach. Due to international studies he can work also on international level. He can also become a youthleader.

Living and studying in Denmark gave wider knowledge in the international relationship. Also he knows Danish language, history and culture.

#### 4.3.2. Impact

#### 4. Mostly

ENAEA see the prospective to involve Verner Mägi as a trainer into adult education programmes. Also this project gave experience and knowledge to apply the grant for students during the next years.

#### 4.3.3. Website

[www.vabaharidus.ee](http://www.vabaharidus.ee)

### 4.4. Evaluation & dissemination

#### 4.4.1. Evaluation

#### 4. Mostly

Verner Mägi wrote the report about his studies in Ollerup. The interview is postponed in autumn.

#### 4. Mostly

In the moment the written report of Verner Mägi is on the website. In autumn he will start the training activities what is also a part of dissemination activities.

#### 4.4.3. About Nordplus

We evaluate our experience excellent. Espresso is simple and easy to handle but includes all necessary information. Regulations are reasonable and clear. Communication with Nordplus administration is fast and effective.

During filling the application form the Espresso counted wrong grant for fhk students and it wasn't possible to change it. It seems that in the report happened the same. P5 Mobility gives for grant 5130 as the actual grant is 2330.

#### How did you first get acquainted with Nordplus?

National information offices

#### Comments:

## 5. Mobility report - Exchange of Adult learners

### 5.1. Granted mobility

Type	From	To	Number of travelers	Duration	Total grant
Folk high school students	Estonia (EE)	Denmark (DK)	1	10m, 0w, 0d	5130
<b>Total</b>			<b>1</b>	<b>10m, 0w, 0d</b>	<b>5130</b>

### 5.2. Actual mobility

Type	From	To	Gender	Duration months	Duration weeks	Duration days
Folk high school students	Estonia (EE)	Denmark (DK)	Male	10		

<b>Total</b>	<b>1</b>	<b>10</b>		
--------------	----------	-----------	--	--

**Comments to the mobility**

According the contract the actual grant is 2330 euros.